

Mustang Lacrosse

MORRISVILLE STATE COLLEGE

State University of New York
College of Agriculture and Technology



About Morrisville

Morrisville State College, located in Central New York, offers bachelor degrees and a wide variety of associate degrees and options. Considered to be one of the most technologically advanced colleges in the nation for its ThinkPad University program and wireless technology initiative, the college was the first in the nation to comprehensively replace telephones in residence halls with individual cellular phones for students. Morrisville State College was also chosen as one of the top five colleges in the nation for campus activities by Campus Activities magazine. The Morrisville State College Norwich Campus offers programs in business, technologies, liberal arts/education transfer, and nursing to Chenango County area residents and employers.

To be eligible for NCAA competition, all student-athletes must be enrolled in a program leading to a baccalaureate degree and have taken the SAT exam.

MSC Facts & Stats

Students in all majors: 3,338
Percent male students: 60
Percent female students: 40
Number of active clubs and organizations: 40+
Outstanding athletic facilities including three gymnasiums, fitness center, IcePlex ice hockey rink, recreation center.
Full-time on-staff athletic trainers.
Several intramural athletic leagues, tournaments and events and over 70 hours of informal open athletic recreation time is scheduled weekly.
Six on-campus dining areas and a variety of meal plan options.
Nextel cellular phones for resident students.

Academic Majors

Baccalaureate degree programs are listed, followed by related associate degree programs.

Agricultural Business Development

Related Associate Degree: *A wide range in agricultural fields*

Automotive Technology

Related Associate Degree: *Automotive Technology*

Automotive Technology Management

Related Associate Degree: *Automotive Technology*

Business Administration

Related Associate Degree: *Any Associate Degree*

Criminal Justice

Related Associate Degree: *Criminal Justice*

Dairy Management

Related Associate Degrees: *Animal Science—Dairy, Agricultural Business, Agricultural Science*

Entrepreneurship and Small Business Management

Related Associate Degrees: *Any Associate Degree*

Equine Science

Related Associate Degrees: *Equine Science and Management, Equine Racing Management*

Horticulture Business Management

Related Associate Degree: *Horticulture*

Human Performance and Health Promotion

Related Associate Degree: *Sports, Nutrition and Fitness Management*

Information Technology—

Applications Software Development

Electronic Marketing and Publishing

End-User Support

Information Technology—Technology Management

Network Administration

Web Development

Related Associate Degrees: *Computer Information Systems, Computer Systems Technology, Office Technology, Business Administration, Accounting (relate to all Information Technology degrees above)*

Journalism & Communication Online Media

Related Associate Degree: *Journalism Technology*

Nursing

Related Associate Degree: *Nursing*

Renewable Resources

Related Associate Degrees: *Natural Resources Conservation, Aquaculture and Aquatic Science*

Resort and Recreation Service Management:

Related Associate Degrees: *Food Service Administration, Gaming and Casino Management, Restaurant Management, Travel and Tourism: Hospitality Management*

Science, Technology and Society:

Related Associate Degrees: *Any Associate Degree*



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Morrisville State Mustangs

Morrisville State College, a residential college located approximately 30 miles between the cities of Syracuse and Utica in Central New York, offers the total college experience. The college allows students to experience the availability of a balance of activities both in and out of the classroom. The athletic program at Morrisville State administers 16 intercollegiate athletic teams and a full schedule of intramural athletic opportunities.

Our athletes have contributed to our long-standing success as an institution and have brought home a number of regional and national titles. Many of the college's athletes have been named All-Americans.

At Morrisville State College, athletes will find outstanding facilities and equipment. A dedicated staff of coaches and trainers act as mentors. The college also offers free tutoring for all students.

The strength of the college's athletic program and its previous success in NJCAA competition has laid a foundation for a smooth transition to the NCAA.

Men's Lacrosse

In 2009, Morrisville State College became an active Division III member of the National Collegiate Athletic Association (NCAA).

Morrisville State College begins membership with the North Eastern Athletic Conference (NEAC) along with Penn State - Abington and College of St. Elizabeth. Current conference members include Cazenovia College, Keuka College, Penn State - Berks, Penn State - Harrisburg, SUNY Cobleskill, SUNY Institute of Technology, Wells College and Wilson College.

While the championships won will always be part of the fabric of Morrisville's athletic heritage, the Mustangs began forging a new tradition as a member of the National Collegiate Athletic Association (NCAA).

The men's lacrosse team has a long and successful athletic history at Morrisville. The team has produced several NJCAA All-American, ten All-Region selections, three Mountain Valley All-Conference selections, 12 NJCAA Men's Lacrosse Coaches Association Academic All-Americans and one NJCAA Academic All-American.

The men completed the spring 2009 season with an 4-12 overall record and with several players returning to the squad this year, Morrisville State will be a viable contender for a conference championship.



For more information visit www.morrisville.edu or call 800.258.0111

an equal-opportunity institution



Coaching Staff

Jason Longo begins his first season as head coach of the Morrisville State men's lacrosse program in the fall of 2009.

Last season Longo served as assistant coach for the Mustangs, focusing on the attack unit while implementing an off-season training, fundraising and community service plan for the men's program.

A native of Cazenovia, Longo played two years of lacrosse for Onondaga Community College at attack before completing his collegiate career at LeMoyne College. While at Onondaga, Longo garnered NJCAA All-American honors in each season of play, while earning Player of the Year honors.

At LeMoyne, Longo was instrumental in the Dolphins 14-1 season in 2005, recording 21 goals and 10 assists in 15 games, earning all-conference honors. The following year, Longo completed his career with a 36 goal, 17 assist performance (second on the team in scoring), including netting five game winners, as the Dolphins claimed the Northeast-10 Conference Championship and NCAA Division II Championship titles. Longo was named the NE-10 Championship Tournament most valuable player.

The 2008 graduate of LeMoyne College with a bachelors of science degree in business administration with a concentration in marketing, Longo continues to be active in the lacrosse community serving as a coach, instructor and volunteer for several lacrosse camps and clinics throughout the State of New York, including the Powell Brothers Lacrosse Clinic.

Aside from his duties as the head coach of the men's lacrosse program,

Longo will also assist the athletic department with facility and event management.

Prospective Students

Prospective student-athletes are encouraged to contact Coach Longo in the men's lacrosse office for more information.

Men's Lacrosse Phone: 315-684-6665
 Fax: 315-684-6252
 E-mail: longoJB@morrisville.edu

2010 Schedule

Wednesday, March 10	MARYWOOD UNIVERSITY	3:30 p.m.
Saturday, March 13	ANNA MARIA COLLEGE	1 p.m.
Wednesday, March 17	ALFRED UNIVERSITY	4 p.m.
Saturday, March 20	@ Bard College	2 p.m.
Sunday, March 28	@ Medialle College *	TBA
Wednesday, March 31	@ Cazenovia College *	TBA
Friday, April 2	@ Keuka College *	TBA
Wednesday, April 7	SUNY BROCKPORT	4 p.m.
Sunday, April 11	SUNY COBLESKILL *	1 p.m.
Friday, April 16	WELLS COLLEGE *	4 p.m.
Sunday, April 18	PENN STATE ABINGTON *	1 p.m.
Wednesday, April 21	MOUNT SAINT MARY'S	4 p.m.
Saturday, April 24	HAMILTON COLLEGE	1 p.m.

* denotes NEAC opponent

** Note: schedule subject to change.



About Morrisville State

Students at Morrisville State College choose from bachelor and associate degrees in more than 70 majors and options in the Schools of Agriculture and Natural Resources, Business, Liberal Arts and Science and Technology. Approximately 50 degree programs are ThinkPad University curricula where the use of laptop computers is fully integrated into academic life.

With 3,338 students, Morrisville offers an environment which encourages class participation and exploration and provides students with the opportunity to grow intellectually and personally. The student-to-faculty ratio at Morrisville is low, providing students with an opportune learning environment. Morrisville State College's academic programs include general education electives as well as courses in students' field of concentration.

Admission

Morrisville State College accepts students on a rolling admission basis. Requirements for admission to academic programs vary. SAT and ACT exams are required for students applying to bachelor degree programs. On-campus interviews are recommended.

Financial Aid

Morrisville State awards financial aid on the basis of need. More than 85 percent of the student body receives financial aid in the form of scholarships, grants, loans or an on-campus job. Many students participate in state and federal programs such as Pell and TAP grants.

Residential Life

Eleven residence halls offer a variety of living arrangements for students and a variety of dining facilities provide different meal options. Residence halls provide an opportunity for autonomy and affiliation in a supportive environment and serve as centers for organized social, cultural and educational activities.

Each residence hall offers study and recreational lounges, laundry facilities, wired and wireless computer access and a variety of vending machines. Each room is furnished with desks and chairs, beds, dressers, floor lamps and cable hookup.

There is always something to do on campus with more than 40 clubs and organizations, campus social activities as well as dramatic and musical productions.

Athletic Facilities

Morrisville State College has a variety of excellent athletic facilities designed to cultivate physical achievement and well-being, both among intercollegiate athletes and the campus community.

The Morrisville State College IcePlex houses two regulation-sized rinks and serves as home ice for the men's hockey team. Several community organizations also call the IcePlex home. Within the twin-rink ice complex are classrooms that provide hands-on training, a first-aid room, 11 locker rooms, offices, a game room, pizza and sub shop and a pro shop.

The college's outdoor facilities include a synthetic 400-meter track, six outdoor tennis courts, and athletic fields for football, field hockey, soccer, softball and lacrosse.

Full-time athletic trainers are available to athletes for care and prevention of athletic injuries. An orthopedic doctor reports to campus once a week to evaluate athletes' injuries. The trainer is associated with the Hamilton Orthopaedic Office located 10 minutes from Morrisville State College.



A \$2 million renovation and expansion of the college's Recreation Center was completed in January 2007, brought an artificial surfaced field house to campus. The renovated Recreation Center also features a new athletic training room, which will have the ability to serve athletes' daily needs as well as rehabilitative needs following injury. It is equipped with a variety of whirlpools and strength equipment and machines. The facility also contains a new laundry and equipment room, wrestling room, locker rooms for men and women and several Athletic Department staff/support offices. The Recreation Center also provides an indoor 200m track.



Future plans are to renovate and expand the college's fitness and wellness center located in the STUAC. The fitness center currently features a variety of weight training machines, treadmills, steppers, elliptical trainers and other aerobic machines. The current fitness center also contains a hardwood aerobics room. STUAC houses the main gymnasium (seated capacity 1,200), an auxiliary equipment/laundry room, Athletic Department staff offices, and additional men's and women's locker rooms.



COMING IN THE SPRING 2010 ... A multi-purpose stadium which will feature artificial turf, lights, new scoreboard, locker rooms, press box and stadium seating for 1,500 spectators for field hockey, football, men's and women's soccer, and men's and women's lacrosse.