

Student Success Seminars Fall 2022**Charlton 105, 1-1:50 p.m., Tuesdays and Thursdays****brought to you by The Tutoring Center**

#	Dates	Topic	Presenter
1	T, 9/13 & R, 9/15	How to Read in College Without Falling Asleep or Getting Confused	Ms. Lynn Cooper, Professional Tutor, The Tutoring Center
2	T, 9/20 & R, 9/22	Learning How to Learn, or How to Succeed in College Without Spending All Your Time Studying	Mr. Spencer Hendrix and Ms. Jeanmarie McLean, Professional Tutors, The Tutoring Center
3	T, 9/27 & R, 9/29	How to Be a Professional	Mr. Tom Pilewski, Associate Professor, Business Administration
4	T, 10/4 & R, 10/6	How to Study for Mathematics	Ms. Theresa Benthall and Ms. Karen Uhlig, Professional Tutors, The Tutoring Center
5	T, 10/18 & R, 10/20	How to Write Your Paper on Time Without Swearing or Crying	Ms. Lynn Cooper, Professional Tutor, The Tutoring Center
6	T, 10/25 & R, 10/27	Alleviating Test Anxiety	Ms. Pattie Samson, Senior Mental Health Counselor, Matthias Health Center
7	T, 11/1 & R, 11/3	An Introduction to Stress Management Techniques	Dr. Kristen Kane, Associate Professor, Human Performance and Health Promotion
8	T, 11/8 & R, 11/10	Goal Setting and Time Management	Ms. Stephanie Lawhorne, Director, The Tutoring Center
9	T, 11/15 & R, 11/17	Motivation	Ms. Stephanie Lawhorne, Director, The Tutoring Center
10	T, 11/29 & R, 12/1	Test Preparation and Test-Taking Strategies	Ms. Stephanie Lawhorne, Director, The Tutoring Center