

Student Success Seminars Spring 2022			Crawford 114, 1-1:50 p.m., Tuesdays and Thursdays
#	Dates	Topic	Presenter
1	2/22 & 2/24	Learning How to Learn, or How to Succeed in College Without Spending All Your Time Studying	Mr. Spencer Hendrix and Ms. Jeanmarie McLean, Professional Tutors, The Tutoring Center
2	3/1 & 3/3	How to Prepare and Study for Math Tests	Ms. Theresa Benthall and Ms. Karen Uhlig, Professional Tutors, The Tutoring Center
3	3/8 & 3/10	How to Make Yourself Write Your Paper on Time Without Swearing or Crying	Ms. Lynn Cooper, Professional Tutor, The Tutoring Center
4	3/22 & 3/24	Time Management: Tips for Effectively Managing Your Time in College	Ms. Alicia Maroney, Mental Health Counselor, Matthias Health Center
5	3/29 & 3/31	Problem Solving	Ms. Karen Uhlig and Ms. Jeanmarie McLean, Professional Tutors, The Tutoring Center
6	4/5 & 4/7	An Introduction to Stress Management Techniques	Dr. Kristen Kane, Associate Professor, Human Performance and Health Promotion
7	4/12 & 4/14	How to Be a Professional	Mr. Tom Pilewski, Associate Professor, Business Administration
8	4/19 & 4/21	Test-Taking Strategies	Ms. Gwen Henry, Professional Tutor, The Tutoring Center
9	4/26 & 4/28	Money Basics	Tab Rightmyre, AmeriCU Federal Credit Union
10	5/3 & 5/5	Alleviating Test Anxiety	Ms. Pattie Samson, Senior Mental Health Counselor, Matthias Health Center