

Understanding Trans Terminology¹

Read each of the definitions below, and match them with the correct term from the top of the page.

A: Cisgender	H: Transgender woman
B: Gender Non-Conforming	I: Transgender
C: Biological Sex	J: Transgender man
D: Gender Dysphoria	K: Sex Assigned at Birth
E: Medical Transition	L: Pubertal Suppression
F: Sexual Orientation	M: Gender Expression
G: Heterosexual	N: Gender Identity

1. _____ A person's sexual, emotional, physical and psychological attraction to other people.
2. _____ A person's combination of genitals, chromosomes and hormones.
3. _____ The sex that someone is labeled at birth, usually based on the appearance of their genitals.
4. _____ A person's deep-seated internal sense of their own gender.
5. _____ A term used to describe a person whose biological sex and gender identity are congruent, or "match."
6. _____ A term used to describe a person whose biological sex and gender identity are incongruent, or do not "match."
7. _____ The gendered way that a person dresses or presents themselves.
8. _____ A term used to describe a person whose gendered appearance does not conform to traditional masculinity or femininity.
9. _____ The affirming way to refer to a person who identifies as a woman but was assigned male at birth.
10. _____ The affirming way to refer to a person who identifies as a man but was assigned female at birth.
11. _____ The approved medical process of changing one's body to be more aligned with their gender identity.
12. _____ An approved medical process used to delay puberty for transgender children.
13. _____ The medical diagnosis for being transgender, formerly known as Gender Identity Disorder.

Answer key:

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|------|-------|-------|
| 1. F | 6. I | 11. E |
| 2. C | 7. M | 12. L |
| 3. K | 8. B | 13. D |
| 4. N | 9. H | |
| 5. A | 10. J | |

¹ Adapted from *The Teaching Transgender Toolkit*.