

BECOME SUICIDE ALERT!



safeTALK
suicide alertness for everyone



safeTALK

Learn to recognize persons with thoughts of suicide, and connect them with suicide first-aid resources.

This **FREE** three-hour training can help you make a difference!

Why come to safeTALK?

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided, leaving people more alone and at greater risk. safeTALK training prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe) to identify and engage people with thoughts of suicide and to connect them with further help and care.

Who should attend safeTALK?

safeTALK is for everyone who wants to help prevent suicide: Students, faculty, staff, front-line workers, clergy, volunteers, parents, youth*, law enforcement... ANYONE who wants to help prevent suicide.

(*safeTALK is for anyone age 15 and older)

Over the course of their training, safeTALK participants will learn to:

- Notice and respond to situations where suicidal thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss and avoid suicide
- Apply the TALK steps: Tell, Ask, Listen and KeepSafe
- Know community resources and help connect someone with thoughts of suicide to them for further help

Training Features:

- Presentations and guidance from a Living Works registered trainer
- Access to support from a local community resource person
- Powerful audiovisual learning aids
- The simple, yet effective TALK steps: Tell, Ask, Listen and KeepSafe
- Hands-on skills practice and development

COST

FREE!

DATE

November 1, 2019

TIME

1-4 p.m.

LOCATION

President's Room, Charlton Hall, #117

safeTALK is a standardized training program and participants need to be present for the entire program to obtain the certificate!

To register, simply email your desire to attend to:

samsonpa@morrisville.edu

Seats are limited to 30 participants, so register ASAP!

Must RSVP by 10/25/19

Presented by: Susan Jenkins, Executive Director of



Hosted by: SUNY Morrisville Counseling Services

Contact:

Pattie Samson, Senior Counselor

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